

What's the Point of All of This: May 26, 2020

Link: <https://youtu.be/XRbqSGkaic4>

Place in Video	Question Asked
3:13	How do we know the difference between our imagination and what might feel real ?
4:43	I've tried asking for signs - mostly I don't get any. Is there a vibrational component to why communicate with spirit and some don't?
6:10	How can I feel less sad about the environment with global warming and climate change?
7:50	I hear people talking about love, love, love. I can't feel it. How can I best experience this love that everyone talks about?
9:46	Does a soul come to earth by choice and do we choose our family?
11:27	If we are creating our reality, why is it that our worst nightmares are created by other people?
13:28	If we designed our own destiny, why have so many people and animals created a life of misery and poverty?
15:09	Do those whose lives are taken by hands of another transition differently? Do they have a choice with that exit point?
18:22	Do our loved ones on the other side wish for justice or do they want the victimizers punished?
19:29	Do you ever get a spirit that the sitter doesn't know but the spirit has a message for the sitter or someone the sitter knows?
20:37	How do we rise above the despair of our world today?
22:51	In there a spectrum of love on the other side, or is it all a pure love?
25:20:00	How can I better discern what thoughts, images and sensations come from me or is it all one mind? Where do our thoughts originate from?
27:33:00	Why do we become blinded to who we really are when we incarnate? We don't know the rules of the game we are in,

Place in Video	Question Asked
30:07:00	What truly is the point of all of this?
32:07:00	What are some tools to use to avoid absorbing other's fearful, negative energy right now?
33:37:00	What determines who will show up from the other side in a reading?
34:47:00	How can I have contact with my loved one on the other side when my grief is so hard?
36:52:00	When we come back for another lifetime, does our energy remain in the spirit world?
38:36:00	Is there something a sitter can do in the reading to aid the medium?
39:45:00	The words keep me from stepping away from my thinking mind. What can I do about that?
41:26:00	Do you ever get messages from someone still living?
42:51:00	How do you clear your energy as an empath? Is there such a thing as psychic protection?
44:53:00	My son on the other side is often very present with signs and other times he's quiet for a week or more. Do spirits have a limited amount of energy to expend at any given time?
46:39:00	How important are colors to us?
47:44:00	Is Joy the same as Spirit and also the same as Love?
49:01:00	Does Sanaya tell you what is going to happen with the Corona Virus and how we are going to be when it's done?
50:47:00	Has humanity moved forward to a higher resonance?
51:52:00	Can you explain about me leaving my body and returning?
52:48:00	How can I get more evidential information in a reading?
54:10:00	Do you have any thoughts on the Soul Phone?
54:48:00	I can feel when someone is dying, but I don't know who it is. I don't know what they want at the moment. Is this a calling for me to help them?
56:03:00	Where is the best place to start connecting across the veil - with spirit guides or a close friend or relative who has transitioned?