



What is a Shining Light Parent?

A Shining Light Parent is one whose child has left the physical body, but whose light continues to shine as an ongoing presence in our family's heart and home.

The term is a positive replacement for the term "bereaved parent," reflecting an awareness that the light of the soul cannot be extinguished on *either* side of the veil.

The term "Shining Light Parent" carries different meanings depending on where one is in the healing process:

- ♥ As one begins the healing journey after a passing, it is the child in spirit who is the Shining Light. It is their light that keeps us going.
- ♥ Moment by moment, thanks to the unmistakable signs from those across the veil, the undeniable synchronicities, and the support from others, we begin to feel the light within ourselves once again.
- ♥ With the help of our Shining Light across the veil, we begin to serve as shining examples for those new to the journey, and our child rejoices in our healing. It no longer feels right to call ourselves "bereaved parents." We have graduated to full status as "Shining Light Parents".*

The light of the soul may grow dim temporarily as we face life's inevitable challenges, but that spark never goes out. Our Shining Lights on the other side know each other by their radiance, and they see ours. May we celebrate the eternal life of all of those who have passed by making every effort to turn up our lights in their honor.

* The term "Shining Light" applies just as equally to siblings, spouses, and others with a loved one across the veil.



The Shining Light Logo

The Shining Light Parent logo identifies those parents with a child who now exists across the veil.

As Shining Light Parents educate the general public, this logo will become recognizable worldwide as a way to honor the Shining Lights who have departed their physical bodies and the parents who celebrate their eternal love.

Please do your part to spread the word about this new and positive replacement for the term “Bereaved Parent.” Feel free to copy, save, and use the Shining Light Logo in correspondence, social media, and wherever appropriate.