

Sanaya Speaks About the Orlando Shootings
“Serving Spirit” Mediumship Course
Raleigh, NC
Sunday, June 12, 2016

Suzanne was teaching the second day of her two-day mediumship course, “Serving Spirit” in Raleigh, NC when she learned of the shootings at the Pulse Nightclub in Orlando which occurred earlier that morning. Sanaya instructed Suzanne to stop what she was doing, assemble the group in a circle, and to enter the deep state that allows Sanaya’s words to come through.

Sanaya: So you have had another mass tragedy. They come far too often for you these days, do they not? It is why many of you are losing hope in your brothers and sisters, and it is what is causing division between you when we are trying so very hard to show you that all is one. It is due to belief systems that humans see separation and then act upon those belief systems, bringing pain to others. It is at times like this that we wish to tell you that death is a tragedy only for those left behind. In the case of what you see as tragedy, you are given your greatest opportunities.

Our message to you this morning was quite clear: “Just love them.” (*Refers to Sanaya’s daily message that was posted on the morning of June 12. You can read the message [here](#).*) The human immediately reacts to this message for it is anathema to the human to react with love to acts of what you call “terrorism.” The last thing that you want to do is to send love, and we do not expect you to do this when coming from the human viewpoint. We will not harp upon that solution at this time. Instead, we ask you once again to see death as a passage. Know that at the soul level all those whose lives in the physical form quickly evaporated in an act of fright are enveloped at this moment by love ... greeted by loved ones, feeling that love. (They are) quite aware of those left behind - feeling the energies of those left behind. Trust us when we tell you that the souls are crying out, “Do not fear for us. Do not be worried about us. We are fine. It is you that we worry about. Do not succumb to your anger and pour oil onto this fire. Go into your hearts and feel who you are.”

Know that all of you signed up to come into this life for the lessons it would afford you. Know that you are seeing the results of pain, the results of separation, and that by reacting with anger, you are merely bringing more pain into this world.

Only by being the light and turning your light up brighter will more brightness come into your world. Repeatedly you are hit with pain. It is as if a fight is going on in a ring, a boxing ring. The blows come one after another, and you wish to give in and to fall down. We wish to imbue you with the strength of the soul, to remember who you are. When you read your headlines, to not grow discouraged but to find within you the courage. Do you see the roots of the word “dis-couraged”? Find the courage by identifying with the soul.

As you find yourself angry and discouraged, go to the soul. There you find compassion for all of your fellow human beings. There you find understanding.

There is a reason others take up arms. Yes, there will be very human reactions for you are all human beings. Understand that. It is all right in your system to respond as a human. But when you at a personal level feel discord, always know there is another side to you, and when you can focus on that side of you, there you will find peace. There you will find the light that others cannot see.

There is purpose in you being in a class such as this: to be the light for others, to help others to turn up the light, to show others that death is but a passage. This is the school of human life, but it is not the only reality. Thank God, you say, for if it were then, yes, you would be justified in feeling hopelessness.

There is great hope, my friends, and it lies beyond the veil and it lies within you. Find it there and be a bearer of hope for others. Tell them what you discover in your forays into the other dimensions. Work hard and diligently to improve your connection with the other side in whatever way you are called to do that, be that as an animal healer, be that as a hands-on healer, be that as a medium healer. Anytime that you bring light into this world, you are a healer. You need not work on a grand scale; you can heal others just by being in their presence.

When your headlines come up, do not become one of the crowd and add that oil to the fire. As others are angry, nod your head, "Yes, I can understand that." Stand, my friends, for love. Ultimately it is what will heal your world -- perhaps not in your lifetime. When you pass across the veil, you will be able to say, "I stood for love, I brought in more light to our world, and I shine my light on all of my fellow human beings no matter how much darkness they find around themselves."

Love is the healing balm. It does heal all. Where you find darkness, there is ignorance of love. Be the love that you are. Be not discouraged. The courage to stand for love lies within you.

We love you all so very much. We feel your pain. We know the difficulties that you go through on this earth. You did willingly agree to come into this physical incarnation knowing that this is a challenging task for the soul, and now you are experiencing those challenges. How will you respond, as a human or as the beautiful soul that you are, until all souls awaken to truth?

We leave you with this message and send you our blessings.

We bid you goodbye.

With thanks to Debra Henson for this transcription